



**The Grange Gazette**  
 Rainbow Valley Grange #689  
 2160 Rainbow Valley Blvd.  
 Fallbrook, CA

Mail to:  
 210 W. Vermont Ave., #106  
 Escondido, CA 92025

*Next meeting: Saturday,  
 August 11th*

*Jamboree  
 August 11th-12th*

### Good of the Order

Credit Card Scams—never give out your 3-digit security code on the phone unless you initiated the call.

If you have any information that would benefit your fellow Grangers, please let us know so we can place it here in future issues.

If you move, please notify the Grange Secretary.

**Deadline for September's issue—Aug. 25th.**

### Upcoming Dates

August 11-12th Southern District Jamboree

August 31st Hot Summer Nights—Chili Cook-off / Petting Zoo

August 17-19th—  
 Western Regional Conference

October 10th-13th—  
 California State Grange Convention

*Watch for details inside and in upcoming newsletters.*



# GRANGE GAZETTE

## Of Rainbow Valley Grange

Volume 1, Issue 8

August 2007

|             |  |             |           |
|-------------|--|-------------|-----------|
| August 11th | Southern Family Camp/Jamboree                | Grange Hall | 9:00 am - |
|             | Junior Grange meeting                        | “ “         | 4:30 pm   |
|             | Subordinate meeting                          | “ “         | 5:30 pm   |
| August 12th | Jamboree continues/Paintball outing          |             | - 2:00 pm |
| August 31st | Hot Summer Nights—Chili cook-off/Petting zoo |             | 5:30 pm   |
|             | Main Street, Fallbrook                       |             |           |

### From the Top

Ed Komski, Master

Summer is in full swing; members are off on vacation, many of them visiting the 49<sup>th</sup> & 50<sup>th</sup> of our United States, (Alaska & Hawaii). We look forward to hearing the stories and seeing the pictures.

The Fair was exciting as usual with many accomplishments as I am sure the Program Director, Ingrid Dunckel, will share in her article. Thank you to all the parents who worked along side their children & other members to get whatever was needed done.

Welcome back to Missy Dunckel from the University of Maryland's USDA Ag Discovery Program. We are proud that Missy was accepted and represented the State of California and our Grange. We look forward to her power point presentation.

**August** will bring our Jamboree aka Southern Family Camp. Exciting events are planned - everything from leather tooling to fruit canning, and a half day of paint ball @ Camp Pendleton's Paint Ball Camp. This activity should be very exciting – the CA State Grange Youth Activities is sponsoring the event by reducing the cost for everyone that wishes to participate to \$15.00 for the half day which includes all the gear you need. How much fun! Meals for the camp are also provided. Thank you Suzy Moramarco - Chairman, Cynthia Komski – Activities, Rosalind Donoghue – Meals, for digging in and getting everything coordinated.

In **August** we will be installing our new floor in the main room and the back area – eventually, the plan is, to tile the kitchen and the bathrooms. If you are interested in coming out and helping put the new floor in let me know.

**September** brings on a new endeavor - a talent show. This is a state wide program that we are looking to continue and test the waters with in our area. You never can tell. It might be a huge hit. I am looking forward to it.

In **October** will be our Grange State Convention, in Sacramento, so get those Expo entries ready. If you are thinking of going to convention, there will be youth activities on Thursday, Friday & Saturday (11, 12 & 13<sup>th</sup>). Thursday night we are scheduling a youth reception. Friday's activities include Guest Speaker Huell Howser in the morning and the youth BBQ that afternoon. Saturday will be wrap-up and goodbyes along with a tour of the new State Grange Headquarters.

In **November** the GWA Holiday Crafts Show and Sale will be taking place the first weekend of the month. A big undertaking and chaired by Sandi Fontana with the leadership of GWA Chairwomen Nancy Moramarco. The event will not only invite our own members to collaborate but it is also open to the general craft public to sell and exhibit. This is a fundraiser for the GWA and the funds raised, it sounds like, will be utilized in the kitchen – best of luck ladies.

The California State Grange Youth Activities Department is working on exciting changes for 2008 you can stay up on the changes by visiting [www.cagrangeya.com](http://www.cagrangeya.com)

## Grange Report

Lucette Moramarco, Secretary

Our GWA is planning a juried Country Christmas Craft Fair for November 1-4. The tentative plan is to charge \$30 per crafter plus 15% of sales. We need to know how many crafters want to participate. So, if anyone is interested, please call Ingrid Dunckel at (760)522-5401, (as Sandi is on vacation), by August 10th.

Proceeds from the craft fair are to pay for a new set of dishes, salad bowls, etc. to be used at our dinners.



Missy Dunckel, Becca Varvel and Amy Varvel at the San Diego County Fair

## Lecturer's Notes

Suzy Moramarco, Lecturer

I receive monthly leadership tips from the National Grange that give a lot of food for thought. Here are excerpts from the last few months.

**May 2007--Action is Essential** is about growing as a Grange leader, but, can also apply to growing Grange membership. "The meeting is the place where we report on action, start new action, and share team plans for action. The things that happen between meetings are the actions. Community service projects, education efforts, legislative affairs, fund-raising, and fun activities are what must be meeting the needs of our members and the community. Your minute book should be filled with suggestions, motions and reports of your activities.



Maddy Varvel showing her steer at the S.D. County Fair

Action is the launching pad for you and every other potential leader in your Grange. Having responsibility and authority gives members the opportunity to meet challenges and adapt to new situations. The more we do, the more we grow as leaders. Action also benefits us when we learn to build effective teams to carry out the actions.

Start some action in your Grange and become a better leader!" and a better Grange.

**JULY 2007 - FOCUS ON A PRINCIPLE**  
"One method of looking for new members is to take the time to reflect on what is most important to you and your fellow members. Talk about the principles your members share. Remember that principles are deep fundamental beliefs that you will not compromise. Your principles are part of who you are.

When thinking of new members, look for someone who shares a principle. Don't look for a new secretary; look for someone who is honest. Look for someone who already has the same principles as you and your fellow members. Start telling people what the principles of your Grange are. Make a poster for your hall that shows the importance of your principles. Don't be shy, share who you are with your community. The people that share those fundamental beliefs will be pleased to know that an organization exists in their community that has the "good stuff".

Focus on a principle in your Grange and watch your Grange grow!"

## It is that time of year again!!

Our Valencia oranges are ripe, ready and oh so sweet!!

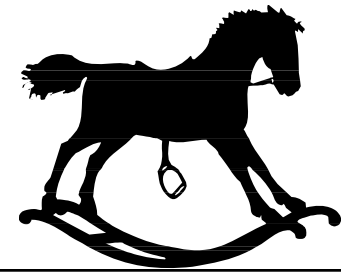
A large box (approx. 50lbs.) is delivered as far south as Encinitas and as far north a Menifee for \$22.00.

We will pick them to order, so you can expect your oranges about 2-3 days after you order.

You are going to love them!  
Angelena and Bill



Chris Dunckel and Kevin Fontana at the Fair



## Rainbow Valley Grange Thrift Store

Open every second Saturday afternoon

Good, Gentle Used  
Plates, Cups and Saucers  
Small Household Appliances  
Knick-Knacks Stitchery Kits, Craft Supplies  
Toys, Videos, Music Cassettes  
Computer Monitor



## Library Corner

Books of all kinds—  
Fiction, Non-Fiction,  
Children's -Hardbacks,

The Grange Gazette  
of Rainbow Valley Grange

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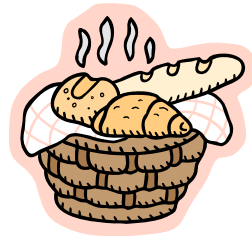
## Jenna's Bread

Cinnamon/Raisin Swirl (\$4.00)  
Garden Herb (\$4.00),  
Honey Wheat (\$3.00)  
Whole Wheat (\$3.00)  
Honey Bran English Muffins  
(\$3.00 per doz.)

Also available:

Homemade jam—\$4.00 a jar  
strawberry, boysenberry and apricot.

To order email me at rileyjtl@hotmail.com  
and I will get it to you ASAP! Thanks!



## For Sale

HP ScanJet Scanner  
Inc. software, user's guide, cables  
Suzy 760-489-9502

## Exercise Instructor Needed to teach group sessions.

We need a leader to get us in shape at 3-4  
days per week.  
Contact Angelena 760-809-6668

## Camera Batteries Available

If anyone has an old camera that uses lith-  
ium batteries (CR123A/3V123), call Lu-  
cette – (760)489-9502. I have two of them  
I no longer need.

## Healthy Eating

Raw Food Preparation  
Classes: Come learn about "Living On  
Live Foods". You will have a great time  
and we will enjoy a delicious dinner  
together. Benefits include, weight control,  
disease prevention, abundant energy and  
so much more!

August 9th and 23rd, 6:30 pm to 8:30 pm

A healthy and joyful life is only  
a few weeks away!

Angelena Bosco  
Certified live food chef &  
instructor  
760-809-6668



## Raw food potlucks!

A delicious variety of live foods, a guest  
speaker, an opportunity to network, get  
support and learn new recipes. These  
events are so much fun. It is not just about  
the food!

August 14th 5 pm to 8 pm - free.

Contact Angelena 760-809-6668

## Exercise participants

Exercise classes in Rainbow!

**Do you want to get fit and feel great?**

We will enjoy a variety of activities that may in-  
clude: yoga, Pilates, walking, jogging, obstacle  
courses, resistance training, and hiking.

We will gather at the Grange, Vallecitos  
school track or the park.

It doesn't matter your age, size, or fitness  
level. We will go at your pace.

One hour, 3 days per week.

You choose: 5 am to 6 am,  
6 am to 7 am, or 6 pm to 7 pm

**Begins Monday August 13th.**

The fee for a 4 week program \$180.00  
(only \$15.00 per session)

Men and women welcome.

Lets get fit Rainbow!!

Contact Angelena 760-809-6668

You must pre-register.

# Home on the Grange

## Youth Fair Team

Ingrid Dunckel, GYF Team Leader

Hello!

I can hardly believe how the time has  
flown by and that the fair is all over. It seems  
like only yesterday that all the families were  
running around getting animals ready,  
campers cleaned, preparing food, and being  
excited for another wonderful time at the fair!!  
Now families are off on vacations and I hope  
each and everyone has a wonderful time, I  
look forward to seeing pictures of Hawaii, so I  
can plan my trip for next year.

The fair started off with the pygmy  
goats. The Donoghues and Bates were there  
for that week. All did well, and Andrew and  
Sea Jay were both 1st place winners in  
showmanship. Andrew for pygmy goats and  
Sea Jay for small animals. Both were then  
able to compete in master showmanship. Sea  
Jay received a 1st! She won numerous  
awards with her rabbits, guinea pigs, dog  
event, and pygmy goats. Unfortunately due to  
miss communication with the fair, Andrew  
missed the masters. We look towards next  
year for him to compete again.

The equestrian event was held for two  
days. Our team did very well. Kalyn, Alayna,  
Lauren and Missy all took home many ribbons  
and rosettes. Thank you to Cynthia who was  
in charge of the team; I hope to have her back  
next year. I am glad Missy made it thru; she  
had been sick in bed for three days prior to the  
show!

The breed week of course was great,  
my favorite. (I don't have to milk!!) All the  
goats and kids did fabulous!! Too many to  
mention by name (the goats that is), but Missy

had a champion and reserve grand champion,  
with her Oberhasli, (the old goat still has it in  
her). Jenna had a grand and a reserve with  
her two baby Lamanchas, and a reserve  
grand champion with her 4 yr milker. Amy, had  
a grand champion with her Lamancha and got  
to go on to the best of show!! Well, we all  
thought she should have won, but we weren't  
the judge. She sure looked good out there  
though, both Amy and Faith!! All the kids did  
well, lots of firsts and of course, the kids like  
the premiums also!!



Amy Varvel and her goat

We had market week next, and it was  
11 days this year. We all hung in there,  
although it was hard after auction to take care  
of the animals for five more days, but the kids  
did a great job. All the goats and steer  
received blue ribbons and made it to auction.  
A big thank you to all who bought animals at

(Continued on page 4)

*(Youth Fair Team Continued from page 3)*

the fair, and to those who sent add-ons to the kids also. It is with your support that the kids can do more projects next year. In the different weight classes, Andrew and Kiera took 2nd, Missy took 1st, Aspen a 3rd, Jenna a 2nd. In Beef, Maddie took a 2nd. Maddie was able to come back in for the champion run, but stayed at 2nd. Missy also got to come back in for the champion run, but didn't receive it this year. In showmanship, Missy took first and was able to compete in Master Showmanship. Masters is where the 1st place kids in showmanship get to compete with all the kids in first place. They have to show each animal: steer, dairy cow, veal, hogs, lamb, dairy goat, and market goat. Well, Missy did very well, but she took a 6th. It was fun to watch though, and I hope to see more of our kids out there next year.

There was another event called Bred-N-Fed. Your animal had to be bred and fed in San Diego Co. A lot more kids entered this year. There is good money to be won for showing your animal again! Congratulations to Aspen with a 1st, Kiera with a 2nd, Missy with a 6th, and Andrew with a 7th.

Goat Packing is like an obstacle course. Brooke took 1st, Sarah took 4th, Missy took 6th. It is fun to watch the kids walk thru water, pulling the goat thru water, or watching the goat jump over water, climbing the hay stack, and I loved the goat who ducked thru the cover like her owner did!! (you had to be there I guess..). Brooke also received a 1st for the costume contest. She makes one styling hippie, along with Lady Larkin who was very colorfully decorated. Ask to see pictures. Glad to have Brooke and Debbie back!

Our barn presentations did well. I haven't heard yet for pygmy and breed week, but for Market we received 1st place for best maintained barn. A nice plaque and a big blue rosette will adorn our hall, along with a plaque for pen of three, market goats. Guess we had the best, I thought we did...

Thanks to all the families who pulled all this together. It is a group effort: from the

meals, to getting your kids to the event on time, for the support we give each other in watching events. It gives me the warm fuzzies. You all are so important, and the kids feel it also. It was a long fair, but well worth the time and effort. I look forward to the upcoming year. I hope we can recruit some new families, not that I don't like the "old", but it would be nice to grow. Keep putting the word out there about Grange!!

We have our jamboree on Aug 11-12, and I hope everyone will be able to make it, if not for the whole weekend then Sat. Lots of fun activities planned. Mr. Lathrop better watch out for the water fight!! Come see the video of the fair and hear and see Missy's presentation of her trip back east.

We will be involved with the hot summer nights downtown Fallbrook on Aug. 31st. It is a chili cook-off and Tracy has a great recipe we will be using. More details to follow.

Have a great summer, see you at the



*Missy Dunckel and Aspen Komski showing off their from the S.D. County Fair*

Jamboree, until then, Ingrid

## Junior Report

Suzy Moramarco, Junior Leader

At last month's meeting we obligated one new member. Welcome Kendra Donoghue.

Our Junior members did well at the San Diego County Fair (better known as the Del Mar Fair). Now they are preparing to have some fun. This month we have our annual Jamboree, Saturday and Sunday, August 11-12<sup>th</sup>. This event is for the whole family and is

open to all Grangers and their guests. See our ad below for more information. If you did not receive a registration form by email, it is available at [cagrangeya.com](http://cagrangeya.com). We have a lot of fun activities planned.

Also, this month, the Youth and Juniors will be holding a Car Wash (\$5.00 donation) to raise money for sports equipment for the Grange. The tentative date is Saturday, August 25<sup>th</sup>, 8:00 am – 12:00 pm. A definite day and place will be announced at the August meeting. If you are unable to attend, contact me: 760-489-9502 or [suncette@cox.net](mailto:suncette@cox.net).

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## The Southern California Grange Family Camp/Jamboree

will be  
Saturday and Sunday, August 11-12<sup>th</sup>, 2007  
at Rainbow Valley Grange, Fallbrook, CA.

Anyone wishing to come early can arrive on Friday, Aug. 10<sup>th</sup>.  
RVs can be parked in the parking lot and on the side of the Grange hall.

There is room for tents behind the hall, however, the grass has been disked up and is in the process of growing back, so padding is recommended.

If you will need to use the facilities, let me know  
so I can have someone open the hall.

We will be serving breakfast Saturday (the 11<sup>th</sup>) morning  
and activities will start afterward.

Some of the activities planned are  
Leather tooling, building wood birdhouses, decorating Easter eggs,  
friendship bracelets, making jam, tie dyeing t-shirts and Paintball.

If you are interested in attending, please let me know.

**The registration deadline is Aug. 1, 2007**

The registration fee is \$15.00 for Saturday, or \$20.00 for the weekend, plus \$15.00 for Paintball.

The registration form will be available at [www.cagrangeya.com](http://www.cagrangeya.com)  
A schedule of activities and what to bring will be sent to all who register.  
If you have any question contact Suzy Moramarco at 760-489-9502 or [suncette@cox.net](mailto:suncette@cox.net)